

## **Consent for Human Chorionic Gonadotropin (hCG) Weight-Loss Program**

I request and consent to injections of hCG and strict dietary restrictions for the purpose of losing weight. I understand this will be administered and monitored by Mt Rainier Clinic PLLC (MRC). I understand that as part of the program I will be given a limited physical and orientation to the program, will be instructed on how to administer the injections myself or make arrangements to have someone do so. I understand that initial blood tests may be performed to rule out any conditions that would disqualify me from the program or require any prior treatment before starting the program. I agree to immediately report any problems that might occur to the medical provider during the treatment program. I further understand that there could be risks involved as there are with all medications and that not complying with the dosage recommendations and dietary restrictions could increase risks and alter the results. Product information is available upon request. The usage guidelines noted in the product information are consistent with a 10 - 15,000 units dosage per week. The Simeon's protocol used by MRC uses 125 units dosage per week. There are currently no studies available at this dosage outlining possible risks. I understand that hCG is not FDA approved for weight loss. I also understand that there is medical evidence to support use of hCG for this purpose. MRC provides and administers the treatment with hCG. I agree that I am, and will be under the care of another medical provider for all other conditions. MRC works in conjunction with, but cannot replace, regular primary care physicians, such as general practitioners or other specialists in Internal Medicine. hCG has not been demonstrated to be effective adjunctive therapy in the treatment of obesity. There is no substantial evidence that it increases weight loss beyond that resulting from caloric restriction, that it causes a more attractive or "normal" distribution of fat, or that it decreases the hunger and discomfort associated with calorie-restricted diets. I understand that MRC only prescribes hCG and medications necessary for this treatment with hCG only as part of the weight loss program. MRC will not prescribe any other type of prescription or nonprescription medications of any kind. MRC is sometimes asked by patients to provide or renew other medications which were originally ordered by other medical providers. MRC is not able to comply with such requests because it may lead to confusion and substandard medical care. Because MRC is committed to enabling their patients to obtain and maintain health and wellness naturally, and the services provided by MRC are based upon a natural and preventative approach, it is rare that this program is covered by insurance companies. Weight loss, in general, is rarely covered by insurance companies. For this reason, MRC does not accept or bill insurance for this program. Once labs are done, the physical is performed, and the treatment is started, MRC cannot honor any refund requests based on scheduling conflicts, missed doses, unsatisfactory results, etc. If blood work is indicated, the test will be conducted by a licensed lab and the fee to be paid by the patient. I have read and understand all of the above and have been informed of potential side effects and risks that may be associated with the hCG protocol. I fully understand what I am signing and hereby request and consent to weight-loss treatment using injections of hCG. I understand that results may vary and once I have begun the protocol I am committed to seeing it through.

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Legal guardian or parental signature: \_\_\_\_\_ Date: \_\_\_\_\_